

HEAVENLY SAUSAGE
By Karns

TRY KARNS PORK OR

CHICKEN SAUSAGE

GET YOURS AT THE MEAT COUNTER

> **OVER 15** UNIQUE AVORS TO

Deals Valid: April 16, 2024 - May 13, 2024

General Mills Mid-Size Cereals

Stone Ridge Creamery Ice Cream

Bush's Best Baked Beans



Gazebo Room Dressings

Great Deals & Great Meals that will last all month long!



for your next cookout! Mid's Pasta Sauce



Kellogg's Mid-Size Cereals





Galbani Ricotta



Zatarain's Rice Mixes



www.karnsfoods.com



Dole Family Size Salads \$ 10 oz Pkg - Select Varieties

Quilted Northern Bath Tissue 6 Mega Rolls

Malt-0-Meal Family Size



Brawny Paper Towels

4 Double Rolls



\$399 ea **Litehouse Salad Dressings** 12-13 oz - Vinaigrette, Pourable

Ready Pac Bistro 199 4.5-7.75 oz - Select Varieties

Bag Cereals



Malt-O-Meal Better **Oats Hot Cereals**



Chef Tim's Dressings

Bowl Salads

12.7 oz - Balsamic Vinaigrette 32 oz - Balsamic Vinaigrette



Fiora Bath Tissue ea

:99

ea

Post Honey Bunches of Oats Cereals 12 oz - Select Varieties

The Little Potato Company 3 lb Bag - Select Varieties

Little Leaf Lettuce 8 oz Pkg - Select Varieties

> **SG**49 ea





Fiora Napkins

500 ct

THE MOST WITH MAX!



Over 3,000 Items On Sale Everyday!

Angel Soft Bath Tissue

12 Mega Rolls AngelSoft

Golden Blossom Honey

Seattle's Best

Ground Coffee

12 oz Bag



Pop Secret Microwave Popcorn



Angel Soft Bath Tissue 4 Mega Rolls



Pop Secret Microwave Popcorn



Crystal Farms Grated Parmesan Cheese

Little Hug Fruit Barrels

Fruit Drinks

8 oz/20 pk



Seattle's Best K-Cup **Coffee Pods**

10 ct





Mayer Bros. Lemonades 52 oz - Select Varieties

Hollabaugh Bros. Honeycrisp

Applesauce 25 oz - Select Varieties

Kevita Kombucha or **Probiotic Juices** 15.2 oz - Select Varieties

La Mexicana Salsa 14-16 oz - Select Varieties \$399 ea

J ea

D ea

279

ea



www.**karnsfoods**.com





Hatfield Regular, Thick **Cut or Applewood Smoked Bacon**

Hatfield Thick Cut Stack Pack Bacon

Hatfield Jumbo or Regular Franks

Hatfield All Beef Franks

Hatfield Jumbo Franks

\$499

\$699

Hatfield Beef Franks

Phillies All Beef Franks \$499 Ham Steaks 2

Hatfield Scrapple

Hatfield Marinated **Pork Tenderloins &** Loin Fillets 1.15-1.375 lb \$699

Hatfield Marinated Pork Roast **\$7**99 Knauss Creamed Chipped Beef \$499

Swaggerty's Sausage or Chicken Biscuit **Breakfast Sandwiches** 26-30 oz

John Soules Grilled, Rotisserie, or Fajita Chicken Strips

John Soules Minion or Jurassic Breaded Chicken Nuggets 24 oz

John Soules Breaded Chicken Nuggets, Tenders, or Patties \$699 24 oz



Betty Crocker Hamburger or Tuna Helpers



Truvia Sweeteners

12.5 oz

5.64 or 9.8 oz truvia

Swanson Canned Chicken

Welch's Juice Drinks

10 oz/6 pk



Campbell's SpaghettiOs Canned Pasta with or

without Meat 15.6-15.8 oz



V8 Single Serve Drinks



Sunsweet Pitted Prunes

8 oz



Sunny D Orange Juice Drink 6.75 oz/18 ct bottles

SUNNYT





Borden Cheese Singles

or Melts 12 oz

Keller's Salted or Unsalted **Butter Quarters**



Plugra European Spread with Olive Oil

7 oz



La Yogurt 6 oz



Borden Shredded Cheese

8 oz



Keller's Whipped Butter



Plugra European Salted or **Unsalted Butter Sticks**

Hormel Natural Choice Deli Meats \$199 **Hormel Uncured** Soppressata, Genoa Salami or Uncured Pepperoni

Hormel Pepperoni Minis

Hormel Traditional Stick, Sliced or Turkey Pepperoni 5-8 oz **\$**199

Hormel Sliced Pepperoni 3.5 oz \$799 **Hormel Beef** Entrees 15 oz

Hormel Meatloaf or Pork Roast Entrees **\$7**99 **Hormel Sliced Chicken Breast or Turkey** In Gravy **\$Q**99

Hormel Microwave Ready Bacon

Hormel Fully Cooked Bacon \$5⁹⁹

Hippey's Original or **Cheese Franks**

Hippey's Original, Sweet Bologna, or Hot Pepper Meat Snack Sticks

Hippey's Sweet **Bologna Chub**

Jimmy Dean Hickory or Applewood Smoked Bacon

49

www.**karnsfoods**.com



hocalthe beauty

Equaline Mouthwash Mennen or Lady Speedstick Antiperspirant or Deodorant 2/\$4 **\$<u>3</u>99**

Sensodyne Toothpaste **\$5**99

Conditioner **\$369**

Dove Shampoo or

Kotex Feminine Pads \$<u>1</u>69

Huggies Baby Wipes 56-64 ct **\$7**49

Poise or Depends **15**49

Crest Premium Toothpaste **\$1**99

Unisom Leep Gels

\$699

\$899

Vicks Vapor Cool Drops Pepto-Bismol Multi Symptom 8 oz **\$<u>1</u>99**

\$199

Tylenol Rapid Release Gels Motrin Ibuprofen **Caplets 7**99

Colgate Toothpaste 2/\$4

Mr. Clean Magic Eraser **Brillo Steel Wool Pads**

\$499



16 oz



Crystal Farms String Cheese



Crystal Farms Cheese **Snack Cubes**

69



Crystal Farms **Shredded Cheese**



Crystal Farms Chunk Cheeses

Crystal Farms Soft Cream Cheese



NEW!

Crystal Farms Deluxe **Melts Cheese Singles**



Crystal Farms Deluxe Slices Cheese 72 slices





Bachman Pretzels, Popcorn or Jax





Capri Sun Drink Pouches

CAPRISUN

CAPRISUN

Coca-Cola

12 oz/8 pk Bottles

Monster Energy Drinks

Lay's Stax Potato Crisps

16 oz/12 pk cans

STAX

STAX



Powerade Sports Drink



Core Power High **Protein Milk** Shake 26g

CREAM OF CRAB SOUP

KARNS CRAB DIP

KARNS BUFFALO

CHICKEN DIP

KARNS SPINACH & ARTICHOKE DIP

Monthlong Special: Italian Sub



BETTER SELECTION & Local FAVORITES



Thirst Quenchers

Celsius Essentials Sparkling

Celsius Sparkling

Energy Drink

www.karnsfoods.com

BODYARMOR Flash

I.V. Sports Drink

20 oz

THE MOST WITH MAX!



CELSIUS

CELSIUS



Karns Bakeries are featuring this Classic Flavor Combination all Month Long!

Shop our Chilled Bakery cases to find many of these delicious treats!

- Triple Berry Whoopie Pies
 Blueberries 'n' Cream Cookie Bar
- · Strawberry Iced Cinnamon Buns
- Triple Berry Sweet Breads, Bagels and Muffins
- Blueberry Sugar Cookies

Our Angel Food Cakes, Shortcakes and Pound Cakes pair perfectly with Fresh Berries and Whipped Cream.

Karns Bakeries are here for your special occasions too! mother's Day and are right around the comer. Order your Celebration Cake or







Pepsi Lime or Pepsi Peach Single Bottles

Iced Tea



Gatorade Sports Drink



1 Liter

Energy Drink

Brisk Iced Tea

Bubly Sparkling Water

12 oz/8 pk cans



Gatorade G Fit Sports Drink



SAVE THE MOST WITH MAX!

ESSENTIAL, AFFORDABLE, HIGH QUALITY





Essential Everyday Ready To Eat Pudding Cups



Essential Everyday Canned Vegetables 14.5-15.25 oz - Select Varieties



Essential Everyday Yellow Mustard



Essential Everyday Macaroni

& Cheese Dinners



Essential Everyday Canned Tomatoes

14.5-15 oz



Essential Everyday Pasta



Essential Everyday Squeeze Bottle Ketchup





LA MONICA BREADED CLAM STRIPS \$999 **WICK'S MARYLAND STYLE** ^{\$}649 CRAB CAKES

FROZEN SWAI FILLETS

\$**3**99

MARGARITAVILLE BREADED SHRIMP

\$599



- ✓ 3 LB EXTRA LEAN CHOPPED STEAK OR STEAK PATTIES
- ✓ 3 LB BONELESS SKINLESS CHICKEN BREASTS
- 3 LB KARNS HEAVENLY PORK OR CHICKEN SAUSAGE MIX 'N MATCH
- ✓ 6 LB CHICKEN THIGHS OR DRUMSTICKS MIX 'N MATCH
- ✓ 3 LB COUNTRY STYLE BONELESS PORK RIBS OR BONE-IN PORK BUTT ROAST
- **✓** 3 LB CENTER CUT BONELESS PORK CHOPS
- ✓ 3 LB KUNZLER JUMBO MEAT FRANKS

Essential Everyday

Purified Water

16.9 oz/24 pk

Preorder From Our Meat Department or Order Online at karnsfoods.com Paxton Square: 717-545-5160 • Mechanicsburg: 717-901-6967 Lemoyne: 717-763-0165 • Boiling Springs: 717-258-1658 New Bloomfield: 717-582-7726 • Hersbey: 717-835-0267 Middletown: 717-902-1425 • Carlisle: 717-218-0183

www.karnsfoods.com

KARNS KRITTERS

Beggin' Strips Dog Treats



Beneful Canned Dog Food

\$769

Essential Everyday Dog Biscuits

Fancy Feast Canned Cat Food

9 Lives Canned Cat Food

\$799

Rachael Ray Nutrish Dry Dog Food

Friskies Canned Cat Food

ESSENTIAL, AFFORDABLE, HIGH QUALITY





Essential Everyday Dry Roasted Peanuts

Essential Everyday Salad Dressings 16 oz

Essential Everyday Peanut Butter

16 oz









Instant Oatmeal 11.8-15.1 oz

Essential Everyday Concord Grape Jam or Jelly 30 oz



SAVE THE MOST WITH MAX!





Dove Ice Cream Bars

8.67-10.5 oz





Snickers or Twix **Ice Cream Bars**

Tempting Tuesday! Did you know every Tuesday you can enjoy all of the great savings at Karns with no "Must Buy" requirements?

No minimum weight buys on chicken breasts, wings, tenders or ground beef! All the savings in the sizes you want!











Friendly's Ice Cream





Breyers Ice Cream



Karns is happy that we are able to offer a DISCOUNT TO **INDIVIDUALS 65+**

On Tuesdays Only • With Qualifying Purchase

Are you 65+?

If you have a Karns Fresh Rewards card, and are not receiving the discount automatically, please let the cashier know.

THEY CAN EITHER:

- Type in your birthday,
 Scan your driver's license
- Take a note and ask customer service to add it to your account.

By the following week, it will be on your account, and you won't have to ask again!



Registered Fresh Rewards account required to receive discount





www.**karnsfoods**.com



Deer Park or Poland Spring 100% Natural Spring Water

16.9 oz/24 pk



Deer Park or Poland Spring 100% Natural Spring Water 700mL/6 pk

Deer Park or Poland Spring 100% Natural Spring Water

8 oz/12 pk



Family Size Stand Up Bag

17.2-18.08 oz

1.08-1.92 oz



8.9-9.7 oz



M&M's Chocolate Candies Sharing Size Stand Up Bag

All Your Favorite Name Brands & Great Low Prices!

7.4-10.1 oz



M&M's Chocolate Candies

Mars Single Candy Bars



M&M's Chocolate Candies **Party Size Stand Up Bag** 34-38 oz



Mars Mixed Miniatures Deer Park or Poland Spring Stand Up Bag 100% Natural Spring Water

16.9 oz/6 pk



Shell -

7.61-8.46 oz

Dove Promises Stand Up Bag



Mesue Pure Life Purified Water 8 oz/24 pk

Nestle Pure Life Purified Water





Mars King Size Candy Bars 2.5-3.29 oz





16.9 oz/24 pk

VER







FROZEN FULLY COOKED CHICKEN PATTIES, **CHICKEN FRIES OR CHICKEN BITES**

PACK SIZES VARY - PLEASE VISIT STORE FOR AVAILABILITY

FROZEN FULLY COOKED CHICKEN BREAST TENDERS PACK SIZES VARY – PLEASE VISIT STORE FOR AVAILABILITY

FROZEN FULLY COOKED **CHICKEN BREAST NUGGETS**

FROZEN FULLY COOKED **BUFFALO & BBQ POPCORN CHICKEN**

PACK SIZES VARY – PLEASE VISIT STORE FOR AVAILABILITY

FROZEN FULLY COOKED MEATBALLS

3 LB BAGS







MIX & MATCH 3 PACKAGES BUY ANY 3 PACKAGES &

www.**karnsfoods**.com



Karns

Fresh Baked

Jumbo Donuts

larns Fresh **Baked Pies** Available!

20X the FUN!

PRICING EVERYDAY!

/EA

\$10/DOZEN

THE MOST



Aloevine Drinks 50.37 oz

G. Hughes Sugar Free Salad \$4.29

G. Hughes Sugar Free Ketchup 13 oz

Cento Organic Tomato Paste Tube 4.56 oz \$3.49

Cento Chef's Organic Whole Tomatoes \$3.29

Cento Italian **Crushed Tomatoes**

\$1.49

Cento Diced **Tomatoes**

Cento Organic Crushed Tomatoes

Cento Traditional or : Cento Pasta Sauces

Rustica Passata

Cento Classic Olive Oil \$4.69

Cento Broths

Cento Diced Peppers or Sliced Sweet Peppers 12 oz

\$2.99

Cento Sliced Jalapeño Peppers 12 oz

\$1.99

Cento Fine or Coarse Sicilian Sea Salt \$1.69





LYLINDYND INTUILILD							
President Crumbled Feta 6 oz		sident nk Feta	Presiden Cheese S	Spreads	Black Diamor 5 Year Aged Cheddar	nd	President Wee Brie 4.9 oz
\$6 ⁴⁹		\$6 ⁹⁹	\$	7 ⁹⁹	\$7	99	\$4 ⁵⁹
Yancey's Fancy Smoked Gouda with Bacon 7.6 oz	Smo	Apple oked yere	Baby Bel Snacking Cheeses]	Sartori Balsar Wedge 5.3 oz	mic	BelGioioso Fresh Mozzarella Ball 8 02
\$5 99		40		- 00			00
~		\$7 ⁴⁹	\$	3 ⁹⁹	\$5	99	\$ 3 ⁹⁹
BelGioioso Shredded or Shaved Parmesan or Asiago Cheese		Gioioso mesan Ige	King's Ch Red Wax	noice	Montchevre C Cheese Logs	Goat	Black Creek 3 Year Aged Cheddar
BelGioioso Shredded or Shaved Parmesan or Asiago Cheese	Pari	Gioioso mesan	King's Ch Red Wax	noice	Montchevre C Cheese Logs	Goat	Black Creek 3 Year Aged Cheddar

Mango Cheddai

Cheese Wedge and Crumbles

Cheddar 7 oz

\$499

\$599

\$5⁹⁹ \$10⁹⁹

\$599

CHARCUTERIE ENTERTAINING

Sartori Merlot 5.3 oz

Alpenhaus Gruyere

Landana 1000 Day Aged Gouda

\$999

\$699

DeLallo Olives

Columbus Charcuterie Trio 12 oz

Columbus Sliced Prosciutto, Pepperoni or Dried Salamis Columbus Dried Salami Chubs

\$**5**⁹⁹

HE MOST WITH MAX!



BLACKENED TILAPIA

1 1/2 tsp paprika 1 1/2 tsp light brown sugar 1 tsp dried oregano

1/4 tsp cayenne pepper 1 tsp salt

1 1/2 lb tilapia fillets 3/4 tsp garlic powder 1/2 tsp cumin 2 Tbsp olive oil

Combine spices in a small bowl; mix until well combined. Be sure to break up any lumps of brown sugar. Sprinkle the spice rub evenly over both sides of the tilapia fillets.

Heat the olive oil over medium-high heat in a large non-stick pan. Cook the fillets for 2-3 minutes on each side until reddish-brown on the outside and flaky on the inside. Serve immediately.

SLOW COOKER FIRE ROASTED TOMATO SHRIMP TACOS

1 lb (26-30 ct) shrimp. peeled and deveined.

tails removed 1 Tbsp olive oil 1 tsp minced garlic

1 medium onion (1/2 cup), thopped
medium bell pepper (1/2 cup),
chopped

1 (14.5 oz.) can fire roasted diced tomatoes, drained

1/2 cup chunky salsa Salt and black pepper

1/2 tsp cumin 1/2 tsp chili powder 1/4 tsp paprika

Toppings: chopped cilantro, chopped green onion, sour cream, avocado, jalapeño pepper, etc.

For easy clean-up, place a cooking liner in your slow cooker.

chopped onion and bell pepper, and toss to combine

Add fire roasted tomatoes, salsa, salt, pepper, cumin, chili powder, and paprika to the slow cooker. Stir to combine with shrimp and vegetables.

Cook on low for 2-3 hours, stirring once, about halfway through cooking. Shrimp are done and cooked through once opaque.

Serve shrimp on tortillas with toppings of your choice.

SAUSAGE AND PEPPER STROMBOLI

1 lb Karns loose sausage Italian Seasoning

1 (11 oz) refrigerated Pizza or French Bread dough 1 (12 oz) jar sweet or hot

roasted peppers, drained

Italian Cheese Your favorite jarred marinara sauce

Preheat oven to 375° F. Cook sausage in a large pan over mediumhigh heat until browned. Season to taste with Italian Seasoning.

Roll out dough on a lightly floured surface to $10" \times 10"$. Top dough with cooked sausage, peppers, and cheese within 1/2" of edges.

Roll up dough into a log. Pinch the end to seal. Place the dough own on a baking sheet. Bake for 25 – 30 minute

Let cool 5 minutes and cut into serving pieces. Serve with heated

REUBEN CALZONES

1 tube (13.8 oz) refrigerated

pizza crust
4 slices Swiss cheese
1 cup sauerkraut, rinsed and well drained

1/2 pound sliced cooked corned beef Your favorite Thousand Island salad dressing

Preheat oven to 400° F. Unroll pizza crust dough onto a lightly floured surface. Spread into a 12" square. Cut into 4 squares.

Layer a fourth of the cheese, sauerkraut and corned beef diagonally over half of each square to within 1/2 in. of edges. Fold one corner over filling to the opposite corner, forming a triangle; press edges with a fork to seal. Make a small vent

Place on greased baking sheets. Bake 15-18 minutes or until

Serve with salad dressing on the side for dipping.



Anna Pasta

\$1.69

\$6.99

Torchbearer

BBQ Sauces

Epic Pickles

Cortazzo Pasta Sauce 24 oz

\$7.99

\$4.29

Torchbearer Wing Sauces 12 oz

\$4.29





PROTEIN OATS &

WILD HARVEST

WILD HARVEST HONEY BEAR

\$4.69

WILD HARVEST DARK RED KIDNEY BEANS

^{\$}1.59

WILD HARVEST ORGANIC SALTED BUTTER

\$6.99



SAVE THE MOST WITH MAX

www.**karnsfoods**.com

SAVE THE MOST WITH MAX!

McCormick Grill Mates Spices 2.12-3.5 oz

0.85-2.5 oz

McCormick Grill **Mates Dry Rubs** 5.37-6 oz

McCormick Grill **Mates Marinades**

0.71-1.25 oz

McCormick Ground Black Pepper

McCormick Grinders

McCormick Dry Brown Gravy Mixes

McCormick Food **Colors Single Bottles**

McCormick Pure Vanilla Extract 100



McCormick French Fried Onions

Cholula Salsa Cholula Hot Sauce

12 oz

Cholula Taco Seasoning Mix



APRIL-MAY 2024 Tue Wed Thu Fri Sat 16 17 18 19 20 21 22 23 24 25 26 27 3 28 29 30 1 2 10 11 8 9 7

6

12 13

GROUND FRESH

IN STORE DAILY

NO FILLERS OR ADDITIVES!



ALL STEAKS HAND-CUT TO YOUR LIKING!

